

# **Open Gym**

## **Most Saturday Nights**

**2 sessions**  
**6:30pm-7:30pm**  
**7:30pm-8:30pm**  
**\$10.00/hr**

**Pre-registration  
through the office is  
required**



Open gym is a non-instructional time for your child to practice skills independently and play with new kids of all ages in a fun and safe environment.

Supervising coaches are CPR/ First Aid certified. Open to kindergarten age children through Middle School.

Open gym is for current students as well as the general public! Jump on the trampoline, practice a cartwheel, balance on the beam and swing on the bars.

**\$10.00/hr (includes tax) paid at the door, cash or check (no credit cards please).**

**Open gym as a make-up class must pre-register through the office during business hours.**

**All kids must have an open-gym waiver on file to participate. Cancellation is required by end of day the Thursday prior to your Open Gym date or your account will be charged the Open Gym fee of \$10.00 per student/per hour . If Open Gym is scheduled as a make-up, you will lose that make-up!**

### **Open gym tips and guidelines:**

- The business office and phone are not open during open gym time.
- Please have payment ready when checking in your child, with open gym waiver, if needed.
- Open gym waiver is on file from September -August. You can download the waiver from our website. From opening page, click on Open Gym. Any changes, please let us know.
- Tie all long hair back and remove socks and shoes before checking in.
- Foam pit is not available during open gym.
- One person on the trampolines and rings at a time.
- No jumping off equipment to swing on rope.
- Only coaches and students are allowed on the gym floor.