

# Bellevue Flyer—Coaches

## 2024-2025 School Year

### Tiny Tot Program

<b>Parent Tot (18 months-3 yrs)</b>		
Tues	1:30-2:15pm	Dawn
Thurs	10:15-11:00am	Anne

<b>Grasshopper (3 year olds)</b>		
Mon	9:30-10:15am	Anne
Mon	4:30-5:15pm	Dawn
Tue	10:15-11:00am	Tammara
Tues	2:45-3:30pm	Tammara
Tues	3:15-4:00pm	Dawn
Tues	5:15-6:00pm	Dawn
Wed	5:15-6:00pm	Kennedy
Thurs	2:45-3:30pm	Krystal
Sat	10:30-11:15am	Emily
Sat	11:30-12:15pm	Sara

<b>Bumblebee (4 yrs-Kindergarten Intermediate)</b>		
Mon	11:15-12:15pm	Anne
Mon	3:30-4:30pm	Krystal
Mon	6:00-7:00pm	Kate
Tues	3:15-4:15pm	Krystal
Tues	4:30-5:30pm	Taylor
Tues	6:00-7:00pm	Dawn
Wed	4:30-5:30pm	Adella
Thurs	5:00-6:00pm	Bianca

<b>Hummingbirds (4 yrs-Kindergarten Adv.)</b>		
Mon	5:30-6:30pm	Dawn

<b>Cricket (4 yrs-Kindergarten Beginner)</b>		
Mon	10:30-11:15am	Anne
Mon	2:30-3:15pm	Dawn
Mon	3:15-4:00pm	Dawn
Mon	5:45-6:30pm	Krystal
Tues	9:15-10:00am	Tammara
Tues	11:15-12:00a/p	Tammara
Tues	2:30-3:15pm	Dawn
Tues	3:30-4:15pm	Tammara
Tues	4:00-4:45pm	Dawn
Wed	2:00-2:45pm	Adella
Wed	2:45-3:30pm	Adella
Wed	3:30-4:15pm	Annika
Wed	3:45-4:30pm	Adella
Wed	4:15-5:00pm	Yoojin
Wed	5:30-6:15pm	Annika
Thurs	9:15-10:00am	Anne
Thurs	11:15-12:00pm	Anne
Thurs	3:30-4:15pm	Krystal
Fri	3:15-4:00pm	Adella
Fri	4:00-4:45pm	Adella
Sat	9:15-10:00am	Sara
Sat	9:45-10:30am	Yoojin
Sat	10:15-11:00am	Katie
Sat	11:00-11:45am	Katie
Sat	12:30-1:15pm	Addie
Sat	12:45-1:30pm	Maggie
Sat	1:15-2:00pm	Yoojin
Sat	1:30-2:15pm	Addie
Sat	1:45-2:30pm	Maggie

## Bellevue Flyer—Coaches 2024-2025 School Year Girls Program

<b>Mini Bounder/Bounder (1st-5th Beginner)</b>		
Mon	5:00-6:00pm	Anne
Mon	5:00-6:00pm	Kate
Mon	5:45-6:45pm	Cecelia
Mon	7:00-8:00pm	Kate
Tues	4:00-5:00pm	Norton
Tues	4:45-5:45pm	Addie
Tues	5:15-6:15pm	Anne
Tues	6:00-7:00pm	Addie
Tues	7:00-8:00pm	Addie
Wed	1:45-2:45pm	Kennedy
Wed	2:15-3:15pm	Yoojin
Wed	2:45-3:45pm	Anne
Wed	2:45-3:45pm	Kennedy
Wed	4:15-5:15pm	Kennedy
Wed	4:30-5:30pm	Annika
Wed	5:00-6:00pm	Yoojin
Thurs	4:15-5:15pm	Emily
Thurs	4:30-5:30pm	Krystal
Thurs	5:15-6:15pm	Anne
Fri	4:00-5:00pm	Charlotte
Fri	4:15-5:15pm	Annika
Fri	4:45-5:45pm	Adella
Fri	6:00-7:00pm	Charlotte
Sat	9:15-10:15am	Katie
Sat	10:00-11:00am	Sara
Sat	10:15-11:15am	Mia
Sat	10:45-11:45am	Yoojin
Sat	11:15-12:15pm	Emily
Sat	11:45-12:45pm	Maggie
Sat	12:30-1:30pm	Sara
Sat	12:45-1:45pm	Mia
Sat	1:45-2:45pm	Mia

<b>Bounder (3rd-5th Beginner)</b>		
Mon	4:15-5:15pm	Norton
Tues	4:30-5:30pm	Krystal

<b>Mini Bounder (1st-2nd Beginner)</b>		
Mon	4:30-5:30pm	Krystal
Tue	6:00-7:00pm	Addie

<b>Mini Flip/Flips (1st-5th Intermediate)</b>		
Mon	4:00-5:00pm	Anne
Mon	6:00-7:00pm	Mia
Tues	5:00-6:00pm	Norton
Tues	5:30-6:30pm	Krystal
Wed	1:45-2:45pm	Anne
Wed	2:30-3:30pm	Annika
Wed	3:15-4:15pm	Yoojin
Wed	5:30-6:30pm	Adella
Thurs	5:00-6:00pm	Norton
Thurs	5:30-6:30pm	Krystal
Thurs	6:15-7:15pm	Bianca
Thurs	7:15-8:15pm	Bianca
Fri	5:00-6:00pm	Charlotte
Fri	5:15-6:16pm	Annika
Sat	9:00-10:00am	Mia
Sat	9:30-10:30am	Emily
Sat	11:30-12:30a/p	Addie
Sat	11:45-12:45a/p	Mia
Sat	12:00-1:00pm	Yoojin

<b>Mini Flip (1st-2nd Intermediate)</b>		
Thurs	4:00-5:00pm	Anne

<b>Flip (3rd-5th Intermediate)</b>		
Tues	5:45-6:45pm	Cecelia

**Bellevue Flyer-Coaches  
2024-2025 School Year Girls  
Program**

<b>Aerials (1st-5th Intermediate/Advanced)</b>		
Mon	5:15-6:30pm	Norton
Tues	4:00-5:15pm	Anne
Wed	3:00-4:15pm	Norton
Wed	5:45-7:00pm	Cecelia
Thurs	3:45-5:00pm	Norton
Thurs	5:45-7:00pm	Emily
Fri	4:30-5:45pm	Donna
Sat	1:00-2:15pm	Emily

<b>Springers (1st-5th Grade Advanced)</b>		
Wed	4:30-6:00pm	Anne

# Issaquah & Bellevue 2024-2025 School Year Special Programs Coaches Flyer

For more information on registering, tuition, and other programs, please visit [www.gymeast.com](http://www.gymeast.com)

*Bold/Italic\* is held at the team gym*

## Boys Program Issaquah Class Gym

Mini Eagles/Eagles (Beginner Boys)		
Mon	4:00-5:00pm	Taylor
Mon	7:00-8:00pm	Taylor
Sat	9:00-10:00am	Greg
Sun	9:30-10:30am	Greg

Falcons (Intermediate Boys)		
Sun	12:45-1:45pm	John

## Issaquah Middle School Girls Issaquah Team Gym

Middle School		
<i>Tues</i>	<i>7:15-8:45pm</i>	<i>Audrey</i>
<i>Thurs</i>	<i>7:15-8:45pm</i>	<i>Audrey</i>

## Boys Program Bellevue Gym

Mini Eagles/Eagles (Beginner Boys)		
Mon	4:30-5:30pm	Mia
Tues	5:45-6:45pm	Taylor
Sat	12:00-1:00pm	Taylor
Sat	1:00-2:00pm	Taylor

Falcons (Intermediate Boys)		
Tues	7:00-8:00pm	Taylor

## Bellevue Middle School Girls Program

Middle School		
Tues	7:30-9:00pm	Mia
Wed	7:00-8:30pm	Cecelia
Thurs	7:30-9:00pm	Emily

## Bellevue High School Girls Program

High School		
Mon	7:00-9:00pm	Mia & Cecelia