

# Open Gyms

Offered at our Issaquah  
Friday's from 7:15pm-  
8:15pm & Bellevue gyms on  
Saturday's from 2:30pm-  
3:30pm. See the parent  
portal for dates and  
openings!

**\$20.00/hr**  
**Pre-registration is required!**

Open gym is a non-instructional time for your child to practice skills independently and play with new kids of all ages in a fun and safe environment.

Supervising coaches are CPR/First Aid certified.

Open Gym 6yrs—8th Grade



You do not need to be registered in a class to attend. Jump on the trampoline, practice a cartwheel, balance on the beam and swing on the bars.

\$20.00/hr paid online when you pre-register. Open gym as a make-up class must pre-register on-line and a make-up token will be removed from your account.

All kids must have an account on our parent portal to participate.

**Cancellation is required within 48 hours of your scheduled Open Gym date to receive credit or a make-up token back to your account. If you cancel within 48 hours of your Open Gym scheduled date, there is no credits or make-up tokens back to your account!**

## Open gym tips and guidelines:

- The business office and phone are not open during open gym time.
- Tie all long hair back and remove socks/shoes and place in a cubby.
- Foam pit (Bellevue Gym) is not available during open gym.
- One person on the trampolines and rings at a time.
- No jumping off equipment to swing on rope.
- Only coaches and students are allowed on the gym floor.