

2025 Issaquah Summer Flyer—Coaches Tiny Tot Program

Parent Tot (18 months-3 yrs)		
Wed	9:15-10:00am	Dawn

Grasshopper (3 year olds)		
Tues	9:00-9:45am	Dawn
Tues	11:00-11:45am	Dawn
Tues	5:30-6:15pm	Shana
Wed	5:15-6:00pm	Peyton
Thurs	5:15-6:00pm	Shana
Sat	10:00-10:45am	Rachel

Bumblebee (4 yrs-Kindergarten Intermediate)		
Mon	9:15-10:15am	Morgan S
Mon	6:45-7:45pm	Mal
Tues	4:15-5:15pm	Shana
Wed	4:30-5:30pm	Maanasa
Fri	9:45-10:45am	Krystal
Sat	11:30-12:30pm	Rachel

Cricket (4 yrs-Kindergarten Beginner)		
Mon	10:15-11:00am	Morgan S
Mon	11:00-11:45am	Morgan S
Mon	12:00-12:45pm	Peyton
Mon	3:45-4:30pm	Mal
Mon	4:30-5:15pm	Shana
Mon	5:45-6:30pm	Mal
Tues	10:00-10:45am	Dawn
Tues	5:45-6:30pm	Cassie
Wed	10:15-11:00am	Dawn
Wed	11:15-12:00pm	Dawn
Wed	4:15-5:00pm	Peyton
Wed	4:30-5:15pm	Cassie
Wed	5:45-6:30pm	Maanasa
Wed	6:15-7:00pm	Peyton
Thurs	9:15-10:00am	Sophie
Thurs	4:15-5:00pm	Shana
Thurs	5:00-5:45pm	Aidan
Sat	9:15-10:00am	Rachel
Sat	11:15-12:00pm	Tilly
Sat	12:30-1:15pm	Rachel

Hummingbird (4yrs-Kindergarten Advanced)		
Mon	5:30-6:30pm	Shana

2025 Issaquah Summer Flyer—Coaches Girls Program

Bold/Italic is held at the team gym*

Mini Bouncer/Bouncer (1st-5th Beginner)		
Mon	9:30-10:30am	Peyton
Mon	4:15-5:15pm	Cassie
Mon	4:30-5:30pm	Mal
Mon	6:30-7:30pm	Cassie
Tues	4:30-5:30pm	Cassie
Tues	5:15-6:15pm	Donna
Tues	6:30-7:30pm	Maia
Tues	6:45-7:45pm	Cassie
Wed	4:00-5:00pm	Mal
Wed	5:15-6:15pm	Mal
Wed	6:45-7:45pm	Cassie
Wed	6:45-7:45pm	Maanasa
Thurs	10:15-11:15am	Sophie
Thurs	11:15-12:15pm	Sophie
Thurs	4:15-5:15pm	Peyton
Thurs	5:30-6:30pm	Peyton
Thurs	6:00-7:00pm	Aidan
Fri	9:30-10:30am	Emily
Sat	9:00-10:00am	Tilly
Sat	12:15-1:15pm	Tilly

Mini Flip/Flips (1st-5th Intermediate)		
Mon	10:45-11:45am	Peyton
Mon	12:00-1:00pm	Morgan S
Mon	5:15-6:15pm	Cassie
Mon	6:45-7:45pm	Shana
Tues	4:00-5:00pm	Donna
Tues	5:30-6:30pm	Maia
Tues	6:45-7:45pm	Shana
Wed	4:00-5:00pm	Donna
Wed	5:30-6:30pm	Cassie
Wed	6:30-7:30pm	Mal
Thurs	4:00-5:00pm	Aidan
Thurs	5:15-6:15pm	John
Thurs	6:30-7:30pm	Peyton
Fri	10:45-11:45am	Krystal
Sat	10:00-11:00am	Tilly

Springers (1st-5th Advanced)		
Fri	10:30-12:00pm	Emily

Aerials (1st-5th Intermediate/Advanced)		
Mon	3:45-5:00pm	Donna
Tues	6:30-7:45pm	Donna
Thurs	6:15-7:30pm	Shana
Sat	9:00-10:15am	Greg

Issaquah & Bellevue 2025 Summer Special Programs Coaches Flyer

For more information on registering, tuition, and other programs, please visit www.gymeast.com

Bold/Italic is held at the Issaquah team gym*

Boys Program Issaquah Class Gym

Mini Eagles/Eagles (Beginner Boys)		
Tue	4:00-5:00pm	Maia
Thurs	4:00-5:00pm	John H
Sat	10:15-11:15pm	Greg

Falcons (Intermediate Boys)		
Thurs	6:30-7:30pm	John

Issaquah Middle School Girls Issaquah Team Gym

Middle School (All Levels)		
<i>Tues</i>	<i>11:30-1:00pm</i>	<i>Audrey</i>

Boys Program Bellevue Gym

Mini Eagles/Eagles (Beginner Boys)		
Mon	7:015-8:15pm	Kyle
Tue	4:00-5:00pm	Daniel
Tue	5:00-6:00pm	Daniel
Wed	9:15-10:15am	Kyle
Sat	9:30-10:30am	Daniel
Sat	10:45-11:45am	Daniel

Bellevue Middle School Girls Program

Middle School (All Levels)		
Wed	7:00-8:30pm	Cecelia

Bellevue High School Girls Program

High School (All Levels)		
Mon	6:45pm-8:45pm	Cecelia